



Elementary Schools - Scituate Public Schools

September

Celebrate & Support each other always in All Ways!



	Monday	Tuesday	Wednesday	Thursday	Friday
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*****We will continue to provide all Scituate students with ONE free meal at lunch. To purchase second meals and a la carte items, students must have money in hand, or on their POS accounts, in order to do so. There will be absolutely NO CHARGING ON ACCOUNT.*****

	4-Sep	5-Sep	6-Sep	7-Sep	8-Sep
Hot Choice	Labor day	Grilled panini with with Tomato cucumber salad and tater tots	Baked Penne with ricotta and Meat sauce with Peas & a Dinner Roll	Chicken Burrito Bowl Over rice and black beans	Pizza Day with Vegetable & Fruit Choices
Power Pack	No school	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar
		Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit
Cold Choice		Chef's Choice Sandwich	Chef's Choice Sandwich	Chef's Choice Sandwich	Chef's Choice Sandwich
	11-Sep	12-Sep	13-Sep	14-Sep	15-Sep
Hot Choice	Chicken Tenders Fries and all the Sauces	Hot Dogs with Beans, Fries	Chicken, Broccoli Alfredo with Broccoli & a Dinner Roll	Breakfast for Lunch! Waffles with sausage, Tater Tots & Fruit	Pizza Day with Vegetable & Fruit Choices
Power Pack	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar
	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit
Cold Choice	Chef's Choice Sandwich	Chef's Choice Sandwich	Chef's Choice Sandwich	Chef's Choice Sandwich	Chef's Choice Sandwich
	18-Sep	19-Sep	20-Sep	21-Sep	22-Sep
Hot Choice	Chicken Patty Sandwich Chips & Vegetables	Cheese Burger Deluxe Let, Tom, pickles Potato wedges	Pasta with Meatballs with Broccoli & a Dinner Roll	Chicken Mashed Potato bowl with Corn, Cheese gravy and a dinner roll	Pizza Day with Vegetable & Fruit Choices
Power Pack	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar
	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit
Cold Choice	Tuna Salad Ceasar Wrap	Tuna Salad Ceasar Wrap	Tuna Salad Ceasar Wrap	Tuna Salad Ceasar Wrap	Tuna Salad Ceasar Wrap
	25-Sep	26-Sep	27-Sep	28-Sep	29-Sep
Hot Choice	Chicken Tenders with Sweet Potato Fries and all the Sauces	Steak and cheese Sub Fries & coleslaw	Baked Ravioli with Creamy Tomato Sauce and a Dinner Roll	Roasted Chicken Stuffing, Potato wedges, Honey glazed carrots	Pizza Day with Vegetable & Fruit Choices
Power Pack	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar
	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit
Cold Choice	Turkey & Cheese Bulkie	Turkey & Cheese Bulkie	Turkey & Cheese Bulkie	Turkey & Cheese Bulkie	Turkey & Cheese Bulkie
	2-Oct	3-Oct	4-Oct	5-Oct	6-Oct
	Chicken Bacon Ranch Sandwich Chips & Vegetables	Grilled Cheese with with Tomato Soup & Goldfish	Baked Homade Mac n Cheese with goldfish toppings with Peas & a Dinner Roll	Three bean salad	Pizza Day with Vegetable & Fruit Choices
	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar	Fruit and Vegetable salad Bar
	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit	Uncrustable, veg crunchers, Fruit
	Italian Sub	Italian Sub	Italian Sub	Italian Sub	Italian Sub

USDA Waiver ***The USDA and MA State Government extended various waivers that allow schools to serve free meals to ALL students, through 6/30/23. We are thrilled with this news as it means that we will be able to provide all Scituate students with the option of nutritious food for free that will support them, both in school and at home.***

ALLERGIES ***Students with Allergies*** - All students eating lunch in school will be asked if they have any allergies before choosing a meal. Students/families with allergies must be responsible for monitoring meal consumption in order to maintain safety.

<p>Questions, Comments or Concerns?</p> <p>Food Services Director: Patrick Legare 781-545-8750ext. 1114. plegare@scit.org</p>	<p>*A full student lunch includes an entrée supplying protein and grain, assorted fruits, assorted vegetables, and a milk. Milk choices include 1%, and chocolate. This is an equal opportunity provider. Menu is Subject to Change.</p>	<p>*All students receive 1 free meal at no charge *Additional meals will be at retail costs. \$2 Breakfast / \$3 Lunch</p>
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