



# Gates Middle School

November

<p><b>28</b></p> <p>Chicken Patty sandwich with fries</p>	<p><b>29</b></p> <p>BBQ Pulled Pork Sandwich with coleslaw</p>	<p><b>30</b></p> <p>Cheese Lasagna with garlic bread and green beans</p>	<p><b>31</b></p> <p>Oven Roasted Chicken with mashed potato</p>	<p><b>1</b></p> <p><a href="#">Gill's Pizza</a> <a href="#">Garden Salad</a></p>
<p><b>4</b></p> <p><a href="#">Chicken Tenders</a> <a href="#">Sweet Potato Fries</a></p>	<p><b>5</b></p> <p>No School</p>	<p><b>6</b></p> <p><a href="#">Chicken alfredo</a> <a href="#">Roasted Broccoli</a> <a href="#">Dinner Roll</a></p>	<p><b>7</b></p> <p><a href="#">Orange Chicken Bowl</a> <a href="#">Edamame fried rice</a></p>	<p><b>8</b></p> <p><a href="#">Gill's Pizza</a> <a href="#">Caesar Salad</a></p>
<p><b>11</b></p> <p>Veterans Day</p>	<p><b>12</b></p> <p><a href="#">Bagel</a> <a href="#">Wild berry smoothie</a></p>	<p><b>13</b></p> <p><a href="#">Beef Taco Bowl</a> <a href="#">Cilantro Lime Rice</a> <a href="#">Pico De Gallo</a> <a href="#">Guacamole</a></p>	<p><b>14</b></p> <p><a href="#">Chicken fajita Bowl</a> <a href="#">Black beans and rice</a></p>	<p><b>15</b></p> <p><a href="#">Gill's Pizza</a> <a href="#">Garden Salad</a></p>
<p><b>18</b></p> <p><a href="#">Chicken Tenders</a> <a href="#">Sweet Potato Fries</a></p>	<p><b>19</b></p> <p><a href="#">French Toast Sticks</a> <a href="#">Sausage Patty</a> <a href="#">Sweet Potato Hash</a></p>	<p><b>20</b></p> <p><a href="#">American Chop Suey</a> <a href="#">Roasted carrot sticks</a> <a href="#">Dinner Roll</a></p>	<p><b>21</b></p> <p><a href="#">Roast Turkey</a> <a href="#">Stuffing</a> <a href="#">Mashed potato</a></p>	<p><b>22</b></p> <p><a href="#">Gill's Pizza</a> <a href="#">Caesar Salad</a></p>
<p><b>25</b></p> <p><a href="#">Chicken Patty sandwich</a> <a href="#">potato wedges</a></p>	<p><b>26</b></p> <p><a href="#">Gill's Pizza</a> <a href="#">Garden Salad</a></p>	<p><b>27</b></p> <p>Half Day</p>	<p><b>28</b></p> <p>Thanksgiving Break</p>	<p><b>29</b></p> <p>Thanksgiving Break</p>

# Additional Information

In addition to the lunches listed above, the following are also offered daily:

- Fruit and Vegetable Salad Bar
- Assorted Deli Sandwiches
- Uncrustables
- Milk: 1% and Fat Free Chocolate

All students are allowed one free meal at no charge. Additional meals or a la carte items must be purchased via POS accounts or cash. **NO CHARGING ON ACCOUNT.**

Please let us know if you have any food allergies. Students/families with allergies must be responsible for monitoring meal consumption in order to maintain safety.

This is an equal opportunity provider.

Food Services Director: Patrick Legare

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