



Gates Middle School

March

<u>Chicken Patty sandwich</u> <u>Sweet Potato Fries</u> 3	<u>Pancakes</u> <u>Sausage patty</u> <u>Fruit</u> 4	<u>Pasta and Meatballs</u> Mixed Vegetables 5	<u>Cheeseburger</u> <u>Curly Fries</u> 6	Gill's Pizza <u>Garden Salad</u> 7
<u>Baked Potato Soup</u> Caprese Panini 10	<u>Chicken Taco Bowl</u> <u>Corn and black beans</u> <u>Spanish rice</u> 11	<u>Cheese Ravioli</u> <u>Garlic Bread</u> <u>Green Beans</u> 12	<u>Orange Chicken Bowl</u> <u>Edamame fried rice</u> 13	Gill's Pizza <u>Caesar Salad</u> 14
<u>Shamrock Pretzel</u> <u>Cheese sauce</u> <u>Green Smoothie</u> <u>Lime Shamrock Cup</u> 17	Educator Professional Development 18	<u>Chicken alfredo</u> <u>Roasted Broccoli</u> <u>Dinner Roll</u> 19	<u>Hot Dog</u> <u>Baked Beans</u> <u>Smiley Fries</u> 20	Gill's Pizza <u>Garden Salad</u> 21
<u>Chicken Tenders</u> <u>Fries</u> 24	<u>Bagel</u> <u>Yogurt</u> <u>Fruit</u> 25	Chicken Cacciatore <u>Cheesy Garlic Bread</u> <u>Peas</u> 26	<u>Oven roasted chicken</u> <u>Mashed Potato</u> <u>Mixed Vegetables</u> 27	Gill's Pizza <u>Caesar Salad</u> 28
<u>Grilled Cheese</u> <u>Tomato Soup</u> <u>Tater Tots</u> 31	<u>Waffles</u> <u>Scrambled eggs</u> <u>Fruit Salad</u> 1	Buffalo Chicken Mac and Cheese <u>Roasted Carrots</u> 2	<u>Cheese quesadilla</u> <u>Black Beans and Rice</u> 3	Gill's Pizza <u>Garden Salad</u> 4

Additional Information

In addition to the lunches listed above, the following are also offered daily:

- Fruit and Vegetable Salad Bar
- Assorted Deli Sandwiches
- Uncrustables
- Milk: 1% and Fat Free Chocolate

All students are allowed one free meal at no charge. Additional meals or a la carte items must be purchased via POS accounts or cash. **NO CHARGING ON ACCOUNT.**

Please let us know if you have any food allergies. Students/families with allergies must be responsible for monitoring meal consumption in order to maintain safety.

This is an equal opportunity provider.

Food Services Director: Patrick Legare

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