



# Gates Middle School

January

<b>30</b> December Break	<b>31</b> December Break	<b>1</b> New Year's Day	<b>2</b> <a href="#">Grilled Cheese</a> <a href="#">Tomato Soup</a>	<b>3</b> Gill's Pizza <a href="#">Caesar Salad</a>
<b>6</b> <a href="#">Chicken Tenders</a> Sweet Potato Fries	<b>7</b> <a href="#">Waffles</a> <a href="#">Sausage Patty</a> <a href="#">Tater Tots</a>	<b>8</b> <a href="#">Mac and Cheese</a> <a href="#">Roasted Carrots</a>	<b>9</b> <a href="#">Orange Chicken Bowl</a> <a href="#">Edamame fried rice</a>	<b>10</b> Gill's Pizza <a href="#">Garden Salad</a>
<b>13</b> <a href="#">Chicken Parm</a> <a href="#">Sandwich</a> <a href="#">Pasta Salad</a>	<b>14</b> <a href="#">Beef Taco Bowl</a> <a href="#">Cilantro Lime Rice</a> <a href="#">Pico De Gallo</a> <a href="#">Guacamole</a>	<b>15</b> <a href="#">Cheese Lasagna</a> <a href="#">Garlic Bread</a> <a href="#">Green Beans</a>	<b>16</b> <a href="#">Cheeseburger</a> <a href="#">Curly Fries</a>	<b>17</b> Gill's Pizza <a href="#">Caesar Salad</a>
<b>20</b> Martin Luther King Jr. Day	<b>21</b> <a href="#">Bagel</a> <a href="#">Yogurt</a> <a href="#">Fruit Salad</a>	<b>22</b> <a href="#">Pasta and Meatballs</a> Mixed Vegetables	<b>23</b> <a href="#">Hot Dog</a> <a href="#">Baked Beans</a> <a href="#">Tater Tots</a>	<b>24</b> Gill's Pizza <a href="#">Garden Salad</a>
<b>27</b> <a href="#">Broccoli Cheddar Soup</a> <a href="#">Turkey Panini</a>	<b>28</b> <a href="#">Egg and Cheese on</a> <a href="#">English Muffin</a> <a href="#">Hash Browns</a>	<b>29</b> <a href="#">Baked Ziti</a> <a href="#">Roasted Broccoli</a> <a href="#">Dinner Roll</a>	<b>30</b> BBQ Rib sandwich <a href="#">Potato Salad</a> <a href="#">Coleslaw</a>	<b>31</b> Gill's Pizza <a href="#">Caesar Salad</a>

# Additional Information

In addition to the lunches listed above, the following are also offered daily:

- Fruit and Vegetable Salad Bar
- Assorted Deli Sandwiches
- Uncrustables
- Milk: 1% and Fat Free Chocolate

All students are allowed one free meal at no charge. Additional meals or a la carte items must be purchased via POS accounts or cash. **NO CHARGING ON ACCOUNT.**

Please let us know if you have any food allergies. Students/families with allergies must be responsible for monitoring meal consumption in order to maintain safety.

This is an equal opportunity provider.

Food Services Director: Patrick Legare

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