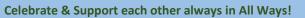
## School Nutrition Good Nutrition is our Mission!

781-545-8750ext. 1114 <u>plegare@scit.org</u>

## **Gates - Scituate Public Schools**

## **February**





\$2 Breakfast / \$3 Lunch

Good Nutriti	on is our Mission!				Good Nutrition is our Mission!
	Monday	Tuesday	Wednesday	Thursday	Friday
		e money in hand, or o	n their POS accounts,	t lunch. To purchase so, in order to do so. The	
		NO CHARG	ING ON ACCOUNT.**	*	
	29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
Hot Choice	Chicken Patty Sandwich	Chicken Quesadillas	Pineapple Fried Rice	Stuffed Baked Potato	Pizza Day
	Chips & Vegetables	Roasted honey chick peas	With mixed vegetable	Chili, cheese, Bacon, Brocolli	with Vegetable & Fruit Choices
Alternate Lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch
	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads
Cold Choice	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches
	5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
Hot Choice	Chicken Tenders	Breakfast For Lunch	Macaroni and Cheese	Beef Taco bowl W/Tortilla strips	Pizza Day
	Fries and all the Sauces	French toast, sausage, Tater tots	with Broccoli & a Dinner Roll	black beans and spanish rice	with Vegetable & Fruit Choices
Alternate Lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch
	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads
Cold Choice	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches
	12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
Hot Choice	Chicken Patty Sandwich	Hot Dog	Pasta with Meatballs	Chicken Drumstick	Pizza Day
	Chips & Vegetables	Vegetarian baked beans	with Peas & a Dinner Roll	Dinner roll, Mashed potato, Corn	with Vegetable & Fruit Choices
lternate Lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch
	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads
Cold Choice	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches
	19-Feb	20-Feb	21-Feb	22-Feb	23-Feb
Hot Choice				_	
lternate Lunch	President's Day	Vacation	Vacation	Vacation	Vacation
Cold Choice	26-Feb	27-Feb	28-Feb	29-Feb	1-Mar
Hot Choice	Chicken Tenders with Sweet Potato	Grill Cheese with Tomato Soup	Chicken Brocolli Alfredo	Chicke Lo Mein	Pizza Day
	Fries and all the Sauces	Goldfish	with Garlic Bread stick	Rice and Snap peas	with Vegetable & Fruit Choices
Iternate Lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch
arcinate Earler	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads
Cold Choice	Assorted Deli Sandwiches	Assorted Entire Salads Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches
USDA Waiver	***The USDA and MA State Government extended various waivers that allow schools to serve free meals to ALL students, through 6/30/23. We are thrilled with this news as it means that we will be able to provide all Scituate students with the option of nutritious food for free that will support them, both in school and at home.***				
ALLERGIES	***Students with Allergies*** - All students eating lunch in school will be asked if they have any allergies before choosing a meal. Students/families with allergies must be responsible for monitoring meal consumption in order to maintain safety.				
Questions, Comments or Concerns?			*A full student lunch includes an entrée supplying protein and grain, assorted fruits,		*All students receive 1 free meal at no charge
Food Services Director: Patrick Legare			assorted vegetables, and a milk. Milk choices include 1%, and chocolate.		*Additional meals will be at retail costs.

This is an equal opportunity provider. Menu is Subject to Change.