



## Gates - Scituate Public Schools

### February

**Celebrate & Support each other always in All Ways!**



	Monday	Tuesday	Wednesday	Thursday	Friday
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**\*\*\*We will continue to provide all Scituate students with ONE free meal at lunch. To purchase second meals and a la carte items, students must have money in hand, or on their POS accounts, in order to do so. There will be absolutely NO CHARGING ON ACCOUNT.\*\*\***

	29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
<b>Hot Choice</b>	Chicken Patty Sandwich Chips & Vegetables	Chicken Quesadillas Roasted honey chick peas	Pineapple Fried Rice With mixed vegetable	Stuffed Baked Potato Chili, cheese, Bacon, Broccoli	<i>Pizza Day</i> with Vegetable & Fruit Choices
<b>Alternate Lunch</b>	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch
	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads
<b>Cold Choice</b>	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches
	5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
<b>Hot Choice</b>	Chicken Tenders Fries and all the Sauces	Breakfast For Lunch French toast, sausage, Tater tots	Macaroni and Cheese with Broccoli & a Dinner Roll	Beef Taco bowl W/Tortilla strips black beans and spanish rice	<i>Pizza Day</i> with Vegetable & Fruit Choices
<b>Alternate Lunch</b>	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch
	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads
<b>Cold Choice</b>	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches
	12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
<b>Hot Choice</b>	Chicken Patty Sandwich Chips & Vegetables	Hot Dog Vegetarian baked beans	Pasta with Meatballs with Peas & a Dinner Roll	Chicken Drumstick Dinner roll, Mashed potato, Corn	<i>Pizza Day</i> with Vegetable & Fruit Choices
<b>Alternate Lunch</b>	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch
	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads
<b>Cold Choice</b>	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches
	19-Feb	20-Feb	21-Feb	22-Feb	23-Feb
<b>Hot Choice</b>					
<b>Alternate Lunch</b>	President's Day	Vacation	Vacation	Vacation	Vacation
<b>Cold Choice</b>					
	26-Feb	27-Feb	28-Feb	29-Feb	1-Mar
<b>Hot Choice</b>	Chicken Tenders with Sweet Potato Fries and all the Sauces	Grill Cheese with Tomato Soup Goldfish	Chicken Broccoli Alfredo with Garlic Bread stick	<i>Chicke Lo Mein</i> Rice and Snap peas	<i>Pizza Day</i> with Vegetable & Fruit Choices
<b>Alternate Lunch</b>	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch
	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads
<b>Cold Choice</b>	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches

**USDA Waiver** \*\*\*The USDA and MA State Government extended various waivers that allow schools to serve free meals to ALL students, through 6/30/23. We are thrilled with this news as it means that we will be able to provide all Scituate students with the option of nutritious food for free that will support them, both in school and at home.\*\*\*

**ALLERGIES** \*\*\*Students with Allergies\*\*\* - All students eating lunch in school will be asked if they have any allergies before choosing a meal. Students/families with allergies must be responsible for monitoring meal consumption in order to maintain safety.

<p><b>Questions, Comments or Concerns?</b></p> <p>Food Services Director: Patrick Legare 781-545-8750ext. 1114. <a href="mailto:plegare@scit.org">plegare@scit.org</a></p>	<p>*A full student lunch includes an entrée supplying protein and grain, assorted fruits, assorted vegetables, and a milk. Milk choices include 1%, and chocolate. This is an equal opportunity provider. Menu is Subject to Change.</p>	<p>*All students receive 1 free meal at no charge *Additional meals will be at retail costs. \$2 Breakfast / \$3 Lunch</p>
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