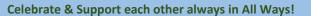
## School Nutrition Good Nutrition is our Mission!

Food Services Director: Patrick Legare

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## **Gates - Scituate Public Schools**

## **December**





\*Additional meals will be at retail costs.

\$2 Breakfast / \$3 Lunch

ı	Monday	Tuesday	Wednesday	Thursday	Friday
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***We w	ill continue to provide	e all Scituate students w	vith ONE free meal at	t lunch. To purchase se	econd meals and a l
carte iten	ns, students must hav	e money in hand, or on	their POS accounts,	in order to do so. The	re will be absolutel
	•		NG ON ACCOUNT.***		
		NO CHARGII	NG ON ACCOUNT.		
	27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
Hot Choice	Chicken Patty Sandwich	BBQ Rib Sandwich	Ravioli with marinara	Chicken Fajitas	Pizza Day
	Chips & Vegetables	with Tomato cucumber salad	with Peas & a Dinner Roll	black beans and spanish rice	with Vegetable & Fruit Choices
Alternate Lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch
	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads
Cold Choice	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches
	4-Dec	5-Dec	6-Dec	7-Dec	8-Dec
Hot Choice	Chicken Tenders with Sweet Potato	BreakFast For Lunch	Macaroni and Cheese	Beef Nacho	Pizza Day
	Fries and all the Sauces	Waffles, Sausage, Fresh fruit and Homefries	with Broccoli & a Dinner Roll	with Vegetable & Fruit Choices	with Vegetable & Fruit Choices
lternate Lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch
	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads
Cold Choice	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches
	11-Dec	12-Dec	13-Dec	14-Dec	15-Dec
Hot Choice	Chicken Patty Sandwich	Grill Cheese and chips	Mulaneys Fish Taco	Roasted Chicken	Pizza Day
	Chips & Vegetables	Carrot sticks	with Coleslaw	Gravy, mashed Potato stuffing	with Vegetable & Fruit Choice:
lternate Lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch
	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads
Cold Choice	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches
	18-Dec	19-Dec	20-Dec	21-Dec	22-Dec
Hot Choice	Chicken Tenders with Sweet Potato	Chicken Quesadilla	Chicken Brocolli Ziti	Pizza Day	
	Fries and all the Sauces	Chickpea salad		with Vegetable & Fruit Choices	
Alternate Lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Chefs Choice 2nd lunch	Half Day No lunch
	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	Assorted Entrée Salads	,
Cold Choice	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	Assorted Deli Sandwiches	
	25-Dec	26-Dec	27-Dec	28-Dec	29-Dec
Hot Choice	No school	No school	No school	No school	No school
ernate Lunch		December	Vacation		
Cold Choice					
SDA Waiyar	***The USDA and MA State Government extended various waivers that allow schools to serve free meals to ALL students, through 6/30/23. We are thrilled with this news as it means that we will be able				
USDA Waiver	provide all Scituate students with the option of nutritious food for free that will support them, both in school and at home.***				
ALLERGIES	***Students with Allergies*** - All students eating lunch in school will be asked if they have any allergies before choosing a meal. Students/families with allergies must be responsible for monitoring m				
ALLENGIES	consumption in order to maintain safety.				

assorted vegetables, and a milk. Milk choices include 1%, and chocolate.

This is an equal opportunity provider. Menu is Subject to Change.