



Scituate High School

October

<u>30</u> Chicken Patty sandwich with chips	<u>1</u> Grilled Cheese with Tomato Soup & Goldfish	<u>2</u> Baked Mac N Chz with Peas and a Dinner Roll	<u>3</u> Beef Nachos with three bean salad	<u>4</u> Gil's Pizza with garden salad
<u>7</u> Chicken Tenders with sweet potato fries	<u>8</u> Chicken Fajitas with rice and black beans	<u>9</u> Chicken broccoli Alfredo with breadstick	<u>10</u> General tso Chicken with Cilantro Lime rice and broccoli	<u>11</u> Gil's Pizza with caesar salad
<u>14</u> No school Indigenous People's Day	<u>15</u> Chicken Patty sandwich with potato smiles	<u>16</u> Pasta with Meat Sauce, peas and dinner roll	<u>17</u> Breakfast For Lunch Sausage , waffles and tater tots	<u>18</u> Gil's Pizza with garden salad
<u>21</u> Chicken Tenders with sweet potato Fries	<u>22</u> Egg and cheese on croissant with homefries	<u>23</u> Baked ziti with ricotta, carrots, bread stick	<u>24</u> Meatball Sub with mixed vegetables	<u>25</u> Gil's Pizza with caesar salad
<u>28</u> Chicken Patty sandwich with fries	<u>29</u> BBQ Pulled Pork Sandwich with coleslaw	<u>30</u> Cheese Lasagna with garlic bread and green beans	<u>31</u> Oven Roasted Chicken with mashed potato	<u>1</u> Gil's Pizza with garden salad

Additional Information

In addition to the lunches listed above, the following are also offered daily:

- Pizza Daily
- Fruit and Vegetable Salad Bar
- Assorted Deli Sandwich
- Uncrustables
- Milk: 1% and Fat Free Chocolate

All students are allowed one free meal at no charge. Additional meals or a la carte items must be purchased via POS accounts or cash. NO CHARGING ON ACCOUNT.

Please let us know if you have any food allergies. Students/families with allergies must be responsible for monitoring meal consumption in order to maintain safety.

This is an equal opportunity provider.

Food Services Director: Patrick Legare

Email: plegare@scit.org

Phone: (781) 545-8750 ext. 11144